



Unlock the Power of Polarity Thinking

REGISTER NOW
\$899

Online Session
January 13, 2025
12 PM – 3 PM EST

REGISTER

Custom In-House Sessions Available

CONTACT TO SCHEDULE

We're living and working in a time when polarization is escalating ...

This training will provide participants a toolkit and a transformational approach to addressing and mitigating conflict. Polarity Practice includes a framework and toolkit that will promote positive engagement in the midst of tense, potentially polarizing situations. The Practice begins with learning to see tensions using a Polarity Lens. A Polarity Lens requires BOTH/AND thinking—a mindset where both parties, positions, and voices are valued. Once the tension or conflict is viewed through a Polarity Lens, participants will be introduced to tools that will allow them to engage collaboratively as they map, assess, and learn how to mitigate the conflict together. This training will empower proactive engagement in the face of Polarities - when two positions that appear to be in conflict actually NEED each other over time to achieve a greater endgame. Let's learn to leverage Polarities such as:

- Focus on the Margin AND Focus on the Mission
- Pursue Decentralize Work AND Centralize Work
- Maintain Continuity/Sustainability AND Promote Transformation/Change
- Freedom AND Discipline
- Work Life AND Home Life
- I Win AND You Win

Both options or “Poles” exist, are valid, and are important to one another. We will collaborate to inform the content of a “Polarity Map”, to deconstruct values, fears, intentions and impact related to each “Pole”. We will close with an approach to strategic resolution based on “Leveraging” both “Poles” as we learn and grow.